

**FINAL PROGRAM (Nov 29–Dec 2, 2017)**



**Inauguration BRICSCESS Exercise and Sports Science Conference**

**(BRICSCESS 2017)**

**Sports Mega Events and Health Promotion: Policies and Legacies in Exercise and Sports Science**

**Wednesday, Nov 29, 2017**

2:00 pm - 6:00 pm	REGISTRATION (Foyer)	
6:00 pm - 7:00 pm	OPENING CEREMONY WELCOME ADDRESS (Room 1 – Auditorium)	
		CHAIRPERSON: Prof. Dr. Larry DURSTINE (USA)
7:00 pm - 7:30 pm	KEYNOTE 1 (Room 1 – Auditorium)	<b>Dr. Victor MATSUDO, MD (Brazil)</b> Agita Sao Paulo-Agita Mundo: Promoting Physical Activity and Health in the World
7.30 pm- 7.40 pm	BRAIN BREAKS (Room 1 – Auditorium)	Dr. Zorniza MLADENOVA (Bulgaria) Poram CHOI (Korea)
7:40 pm - 8:00 pm	CULTURAL PERFORMANCE & (Foyer)	
8:00 pm – 10:00pm	COCKTAIL RECEPTION DINNER (Foyer)	

**Thursday, Nov 30, 2017**

		CHAIRPERSON: Prof. Dr. Hans de Ridder (SA)
9:30 am - 10:00 am	KEYNOTE 2 (Room 1 – Auditorium)	<b>Prof. Dr. Stephen KOPECKY, M.D., (USA)</b> Importance of Both Individual and Community Efforts to Increase Physical Activity: from a Cardiologist Perspective
		CHAIRPERSON: Prof. Dr. Nara Rejane Oliveira (Brazil)
10:00 am - 10:30 am	KEYNOTE 3 (Room 1 – Auditorium)	<b>Prof. Dr. Ming-Kai CHIN (Hong Kong-China)</b> “Changes” in Physical Education with Linkage to Health: Practical Implementations from Local to Global
10:30 am – 10:40 am	BRAIN BREAKS (Room 1 – Auditorium)	Dr. Elena CARRILLO (Spain) , Dr. Dané COETZEE (South Africa) Dr. Agata GLAPA (Poland) , Dr. Zorniza MLADENOVA (Bulgaria), Dr. Hrvoje PODNAR (Croatia) & Dr. Biljana POPESKA (Macedonia)
10:40 am – 11:10 am	TEA/COFFEE BREAK	
		CHAIRPERSONS: 1. Assoc. Prof. Dr. Maya Van Gent (SA); 2. Prof. Dr. Kim GRABER (USA) ; 3. Prof. Dr. Gurmeet Singh (India)
11:10 am - 11:30 am	INVITED SPEAKERS 1, 2 & 3 (Parallel sessions)	<p><b>1. Prof. Dr. Gulshan KHANNA (India)</b> Impact of Indian Professional Leagues and International Competition on Health Promotion (Room 1 – Auditorium)</p> <p><b>2. Prof. Dr. Ian CULPAN (New Zealand)</b> Is Physical Education Worth Saving? What are the Benefits and Can Olympism Contribute to its Educative Worth? (Room 2 – Gardênia)</p> <p><b>3. Prof. Dr. Erika ZEMKOVÁ (Slovakia)</b> Functional Assessment of Human Performance in Prevention and Rehabilitation of Injuries (Room 3 – Glicínia)</p>
		CHAIRPERSONS: 4. Assoc. Prof. Dr. Maria ABULKANOVA (Russia); 5. Prof. Dr. Gıyasettin DEMIRHAN (Turkey); 6. Assist. Prof. Dr. Biljana POPESKA (Macedonia)

11:30 am - 11:50 am	INVITED SPEAKERS 4, 5 & 6 (Parallel sessions)	<p><b>4. Assoc. Prof. Dr. Ricardo UVINHA (Brazil)</b> Sports, Leisure and Health Promotion: Potential Legacies from the “Sports Megaevents of the Decade” in Brazil (Room 1 – Auditorium)</p> <p><b>5. Prof. Dr. Verónica VIOLANT HOLZ &amp; Prof. Dr. Myriam GUERRA-BALIC (Spain)</b> Fitness Level Differences Between Advantaged and Disadvantaged Children in the City of Barcelona (POIBA Project) (Room 2 – Gardênia)</p> <p><b>6. Dr. Sharon PHELAN (Ireland)</b> Eirerobics: Dancing Towards Fitness the Irish Way! (Room 3 – Glicínia)</p>
		CHAIRPERSONS: 7. Prof. Dr. Abel TORIOLA (SA); 8. Prof. Dr. Jingzhen YANG (China); 9. Assoc. Prof. Dr. Elena Carrillo ALVAREZ (Spain)
11:50 am - 12:10 pm	INVITED SPEAKERS 7, 8 & 9 (Parallel sessions)	<p><b>7. Prof. Dr. Larry DURSTINE (USA)</b> The Rise of Chronic Diseases in Children: An Unwanted Lasting Legacy for Our Children (Room 1 – Auditorium)</p> <p><b>8. Assist. Prof. Dr. Miroslav Petr (Czech Republic)</b> Exercise Genomics: Is This a Way Towards Personalized Exercise? (Room 2 – Gardênia)</p> <p><b>9. Assist. Prof. Dr. Margaret KUO (Taiwan)</b> Traditional Chinese Herbs for Anti-oxidation and Health Promotion in Chinese Population (Room 3 – Glicínia)</p>
12:10 am - 2:00 pm	LUNCH	
		CHAIRPERSONS: 1. Prof. Dr. Erika ZEMKOVA (Slovakia); 2. Dr. Zornitza MLADENOVA (Bulgaria); 3. Prof. Dr. Fang ZHAO (China)
2:00 pm - 3:00 pm	WORKSHOP 1, 2 & 3 (Parallel sessions)	<b>1. Prof. Dr. J. Hans de Ridder (South Africa) &amp; Prof. Fernando FERREYRO BRAVO (Mexico)</b>

		<p>The Use of Basic Anthropometric indicators in Health (Room 1 – Auditorium)</p> <p><b>2. Dr. Miranda CHIN (Hong Kong-China)</b> Contemporary Dances to Reflect Chinese Culture and Philosophy (Room 2 – Gardênia)</p> <p><b>3. Assoc. Prof. Dr. Maryam JAHROMI (Iran)</b> The New Trend and Connection of Physical Activity and Sports to Health for Women in Iran: From the Middle East Perspective (Room 3 – Glicinia)</p>
3:00 pm - 5:00 pm	BRICSCESS EXECUTIVE BOARD MEETING (Foyer - Jasmim Room)	
		CHAIRPERSONS : 1. Prof. Dr. Helga TUCCI (Brazil) ; 2.Prof. Dr. Claudia JUZWIAK (Brazil) ; 3. Prof. Dr. Carlos Educardo PINFILDI (Brazil) ; 4. Prof. Dr. Rafael LAMBERTUCCI (Brazil) ; 5.Prof. Dr.Wagner PRADO (Brazil) ; 6. Prof. Dr. Liu Chiao Yi INOUE (Brazil) ; 7. Prof. Dr. Elena Carrillo ALVAREZ (Spain)
3:30 pm - 5:50 pm	<p>ORAL PRESENTATIONS</p> <p>Session 1 3.30pm - 4.45pm - 5 parallel sessions</p> <p>Session 2 4:50pm - 5:50pm – 4 parallel sessions</p>	<p>15 min (including Questions and Answers) for each oral presenter</p> <p>(Rooms : 1- Auditorium, 2 A, 2B, 3A, 3B)</p>
5:50 pm-	FREE SOCIAL Time	

**Friday, Dec 1, 2017**

		CHAIRPERSON: Prof. Dr. Myriam GUERRA-BALIC (Spain)
9:30 am - 10:00 am	KEYNOTE 4	<b>Prof. Dr. J. Hans DE RIDDER (SA)</b> The Influence of Globalisation and International recruitment on the size and shape of the Modern Athlete (Room 1 – Auditorium)
		CHAIRPERSON: 4.Teresa Siu (Hong Kong-China) ; 5. Prof. Dr. Veronica Violant HOLZ (Spain)
10:00 am - 11:00 am	WORKSHOP 4 & 5 (Parallel sessions)	<b>4. Assist. Prof. Dr. Nara de OLIVEIRA &amp; Assist. Prof. Dr. Cinthia da SILVA (Brazil)</b> Physical Activities/Practices in Favor of Health As a Possible Legacy to the 2016 Rio Olympic Games (Room 2 – Gardênia)  <b>5. Prof. Dr. Serap INAL (Turkey)</b> Easy and Accurate Way to Assess Posture in Schools: New York State Posture Evaluation Test (Room 3 – Glicínia)
11:00 am - 11:30 am	TEA COFFEE BREAK	
		CHAIRPERSON: 10. Prof. Dr. Ian CULPAN (New Zealand); 11. Prof. Dr. GL. KHANNA (India); 12. Dr. Hrvoje PODNAR (Croatia)
11:30 am - 11:50 am	INVITED SPEAKERS 10, 11 & 12 (Parallel sessions)	<b>10. Assoc. Prof. Dr. Antonio BRAMANTE (Brazil)</b> The City as a Privileged Locus to Promote Healthy Active Living under the Leisure Perspective (Room 1 – Auditorium)  <b>11. Assoc. Prof. Dr. Jingzhen (Ginger) YANG (China)</b> Optimal Physical and Cognitive Rest after Sports-related Concussions in Youth (Room 2 – Gardênia)  <b>12. Prof. Dr. Kim GRABER (USA)</b> The Role of Teacher Educators in Relation to K-12 Physical Education (Room 3 – Glicínia)

		CHAIRPERSON: 13. Assoc. Prof. Dr. Fatma SAÇLI UZUNÖZ (Turkey); 14. Assist. Prof. Dr. Margaret Kao (Taiwan)
11:50 pm - 12:10 pm	INVITED SPEAKERS 13 & 14 (Parallel sessions)	<b>13. Prof. Dr. Giyasettin DEMİRHAN (Turkey)</b> How Does Physical Activity Affect Cognitive Functions, Academic Performance and Positive Attitude? (Room 1 – Auditorium) <b>14. Teresa SIU (Hong Kong-China)</b> Through the Lenses – 'A China Study' on Media Coverage of Health, Nutrition and Wellness (Room 2 – Gardênia)
		CHAIRPERSON: 15. Assist. Prof. Dr. Cinthia DA SILVA (Brazil); 16. Assoc. Prof. Dr. Dané COETZEE (SA)
12:10 pm - 12:30 pm	INVITED SPEAKERS 15 & 16 (Parallel sessions)	<b>15. Assoc. Prof. Dr. Maria ABULKHANOVA (Russia)</b> Applying Interactive Learning in the Physical Education Area for Promotion of Health and Wellbeing in Russia (Room 1 – Auditorium) <b>16. Prof. Dr. Gurmeet Singh (India)</b> Practical Implication for Long-Term Athletic Development to Assist Coaches with a “Best Practices” Model to Develop a Movement, Physical and Sports Literacy that Improve Athleticism (Room 2 – Gardênia)
12.30 pm- 12.35 pm	BRAIN BREAKS	<b>15. Antonio Kuban (Czech Republic)</b> <b>16. Karolina Chlebosz (Poland)</b> (Room 1 – Auditorium)
12:35 pm - 2:00 pm	LUNCH	
2:00 pm - 3:30 pm	FLV POSTER PRESENTATIONS (25) (Room 1 – Auditorium – Poster area)	Poster are to be placed on the proper poster board by 12:00pm

3:30 pm - 5:00 pm	ACCEPTED POSTER PRESENTATIONS (Room 1 – Auditorium – Poster area)	Poster are to be placed on the proper poster board by 3:00 pm
5:00 pm - 5:30 pm	BRICSCESS GENERAL ASSEMBLY (Room 1 – Auditorium)	
5:30 pm - 6:00 pm	CLOSING CEREMONY (Room 1 – Auditorium)	
6:00 pm- 7:00 pm	INTERACTION OF FLV, SUPERVISORS AND BRAZILIAN STUDENTS (Room 1 – Auditorium)	
8:00 pm - 10:00 pm	FAREWELL DINNER, FLV PERFORMANCE & SOCIAL NIGHT	

**Saturday, Dec 2, 2017**

9:00 am - 12:00 pm	GUIDED TOUR IN SANTOS FOR VIP, SPEAKERS, WORKSHOP PRESENTERS & FLV	
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